

DANCE FOR PEACE

The Seed of Life

Leading dance/drama specialist, Maria Savant has created a unique Educational Programme, **THE SEED OF LIFE**, which teaches values to children through dance.

This new programme for 3 - 6 year olds is the first of its kind to teach dance/movement and nutrition in a four part series of lessons, which follow the life cycle of a plant, from seed, plant, flower to fruit. Children learn through: **music ~ dance ~ storytelling ~ song and visualisation.**

They are also given practical experience in observing, planting, caring for and eating the fruit and vegetables grown during the programme. In this way, healthy eating, the body, nature, the earth, and creative expression are linked at the earliest levels of child development.

THE SEED OF LIFE is an artistic programme that celebrates **life ~ love ~ the earth ~ inner peace ~ beauty ~ nature ~ dance ~ nutrition and health.**

This deeply creative, values based programme supports the intellectual, physical, emotional, social and spiritual development of the whole child.



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METHODOLOGY

Maria teaches through visual, oral and kinaesthetic processes. Her use of music, singing, storytelling, dance, stillness, reflection and discussion are key to her child centred process of educating the whole child.

AIMS

To allow children to identify with the natural world and the process of growth, transformation and change.
To engage children in the sacred and profound order of peace and love that flows through the whole of creation.
To teach children about natural foods healthy eating, and to celebrate life through dance.

INTERPERSONAL AIMS

The seed of life promotes: sharing, caring, creating, respecting, nourishing and loving the self, each other and the natural world.

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